

FAST Corporate Wellness Program

Get Moving...

One step at a time

*Let us help you get started
with the first steps towards
a healthier and active
lifestyle!*



Fitness Wallet

- * Sleek & stylish design
 - * Belt loop on back
 - * Pockets to hold various items (keys, I.D., etc.)
 - * Silver reflective strip on front for high visibility
- comes with
- * Pedometer & Instruction Manual
 - * Log Book with corporate logo



Water Bottle Carrier

- * Designed to carry various styles of water bottles, including 16 oz. Nalgene bottle
- * Adjustable draw cord closure
- * Belt loop on back
- * 360° silver reflective for high visibility



Nalgene Water Bottles

- * Highly impact resistant
- * Does not absorb tastes and odours
- * Permanently attached lid to avoid loss
- * Narrow mouth opening is easy to drink from
- * Comes with custom one colour Corporate logo
- * Available in 16 oz. & 32 oz.
- * Variety of colours

~ A F.A.S.T. Representative is available to meet with you - Please call 604.940.3222 to set up an appointment ~

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