

INFECTION CONTROL KIT

To help prevent the transmission of respiratory infections including the influenza virus, the following infection control measures should be implemented. In addition, to help prevent further transmission when providing care to ill family members or friends, it is recommended basic personal protective equipment is used. The following Infection Control Kit contains supplies for one person for a 7-day period.

INFECTION CONTROL KIT (EKIT1940)



- 7 3M™ Z-95 Particulate Respirator (folded, single)
(1 per day-12 hour use; may be used multiple times for up to 12 hours as long as they are not crushed or damaged)
- 100 Vinyl Gloves, size Medium (50 pair)
(when in contact with blood, body fluids or mucous)
- 1 Splash Goggles
(eye protection against airborne droplets)
- 2 236 ml container of Hand Sanitizer
(472 ml 62% Ethyl Alcohol moisturizing)
- 1 Durable, waterproof mylar zipper bag

Respiratory Hygiene/Cough Etiquette:

- ▲ Cover mouth/nose with tissues when coughing or sneezing to contain respiratory secretions
- ▲ Dispose of tissues after one use in a no-touch receptacle
- ▲ If no tissue is available, cough or sneeze into your upper sleeve
- ▲ Vinyl gloves are to be used when in contact with blood, body fluids or mucous of the ill person (no gloves are needed if the contact is with skin or the environment around the ill person)
- ▲ Hands should be washed after providing care to an ill person or touching contaminated items, regardless of glove use
- ▲ Wash hands with regular soap and warm water for 15-20 seconds
- ▲ An alcohol-based hand sanitizer rub may be used, if hands are not visibly soiled
- ▲ Do not share towels
- ▲ For basic surface cleaning, use household bleach diluted 1 part bleach to 9 parts water to disinfect commonly touched surfaces

Note: Due to various uncontrollable circumstances the above recommendations are to mitigate the risk of respiratory infection transmission; however there is no guarantee persons will not be infected.

Developed by FAST Limited in cooperation with the Provincial Health Authority, BC Centre for Disease Control, March 2006

8850 RIVER ROAD, DELTA, BC V4G 1B5